

Pamela J. Buck, PhD
5200 SW Macadam, Suite 580
Portland, OR 97239
www.pdbti.org
(503) 290-3260
pbuck@pdbti.org

Certification/Licensure

PhD- Psychologist Resident (Oregon). Supervisor: Andrew White, PhD

Education

PhD in Clinical Psychology, *Duke University, Durham, NC* 2015
Dissertation (defended 4/22/2014): Expanding mental health services delivery for depression in the community from Burma in North Carolina: A Paraprofessional Training Program

M.A. in Clinical Psychology, *Duke University, Durham, NC* 2012
Thesis: Dissemination of Psychological Treatments for Depression in Non-Traditional Settings

B.A. in Psychology, *University at Albany, State University of New York, Albany, NY* 2007

Non-degree-International Relations, Social Change and Development, *Johns Hopkins University - School of Advanced International Studies, Washington, DC* 1986

B.A. in Foreign Service, Comparative/ Regional Studies & Economic Development, *Georgetown University - School of Foreign Service, Washington, DC* 1982

Honors/Awards

Summa Cum Laude, University at Albany, State University of New York 2007
Presidential Honors, University at Albany, State University of New York 2007
Member of Psi Chi, University of Albany, State University of New York 2007

Professional Experience

Psychologist Resident, *Portland Dialectical Behavior Therapy Institute, Portland, OR* 2015-present

Psychology Intern-Post-Traumatic Stress Disorder Clinic, Acute Mental Health Inpatient Unit, Health Psychology, and Substance Use Disorders Clinic, *Durham VA Medical Center, Durham, NC* 2014-2015

Clinical Trainee- Duke Fertility Clinic, *Duke University Medical Center, Durham, NC* 2013-2014

Study Therapist-Coping Skills Training for ICU Patients and their Informal Caregivers, *Department of Medicine – Pulmonology, Duke University Medical Center, Durham, NC* 2013-2014

Clinical Trainee- Duke Eating Disorders Program, *Duke University Medical Center, Durham, NC* 2012-2013

Study Therapist-Evaluation of Telephone-Based Mindfulness Training for Survivors of Critical Illness and their Caregivers, *Department of Medicine – Pulmonology, Duke University Medical Center, Durham, NC* 2012-2013

Clinical Assessor-Eating Disorders and Type I Diabetes: Mechanisms of Comorbidity, *Duke Eating Disorders Clinic, Duke University Medical Center, Durham, NC* 2012-2013

Clinical Trainee- Center for AIDS Research, *Duke Global Health Institute* 2012-2013

<i>Duke University, Durham, NC</i>	
Clinical Trainee-Laboratory of Neurogenetics, Duke University, Durham, NC	2011
Family Support and Benefits Counselor, American Red Cross in <i>Greater New York, New York, NY</i>	2011
Clinical Trainee-Duke Attention Deficit Hyperactivity Disorder (ADHD) Program, Duke University Medical Center, Durham, NC	2010
Clinical Trainee-Duke Cognitive Behavior Therapy and Dialectical Behavior Therapy (DBT) Clinic, Duke Cognitive-Behavioral Research and <i>Treatment Program Duke University Medical Center, Durham, NC</i>	2009-2010
Clinical Trainee-Duke Psychology Clinic, Department of Psychology and <i>Neuroscience, Duke University, Durham, NC</i>	2008-2010
Clinical Assessor- UPBEAT Study, Department of Psychiatry and <i>Behavioral Sciences, Duke University Medical Center, Durham, NC</i>	2008
Clinical Trainee, Vermont Veterans Home, Bennington, VT	2006-2007
Clinical Trainee, Vermont State Office of Vocational Rehabilitation, <i>Department of Aging & Disability, Bennington, VT</i>	2006-2007

Fellowships and Grants

National Psychologist Trainee Register Credentialing Scholarship (2014)

Duke Global Health Institute Doctoral Dissertation Grant (2011-2012),
\$12,500

Fulbright Fellowship – Alternate (2011)

Title VI Foreign Language Area Studies Fellowship, Duke University - Center for
International Studies, Thailand (2010), \$5,000

Duke Global Health Institute Fieldwork Grant, Thailand (2009), \$5,000

Title VI Foreign Language Area Studies Fellowship, Johns Hopkins University – Japanese,
\$5,000

Johns Hopkins University, GOPP Fellowship (1985, 1986), \$24,000

Johns Hopkins University Fund Fellowship (1985, 1986), \$26,000

Research Experience

Psychology Internship Research, Mentor: Jason Nieuwsma, Ph.D., Chaplaincy and Mental
Health Initiative, Durham VA, Mid-Atlantic MIRECC (VISN 6): 8/2014-6/2015.

Research Assistant to Ruth Q. Wolever, Ph.D., Duke Executive Health, Duke Integrative
Medicine. Perform literature search, data summary, survey of assessment measures to modify
algorithm for psychosocial risk factors and updating template reports for application in
clinical encounters. 1-6/2014.

“Expanding mental health services delivery for depression in the community from Burma in
North Carolina: A Paraprofessional Training Program.” Advisor: Clive J. Robins, Ph.D.,
Duke University. 2012-2014.

“The expansion of Thai mental health services delivery,” Chiang Mai, Thailand. Advisor: Clive J. Robins, Ph.D., Duke University. 2011-2012.

Research Assistant to Joanna Maselko, SC.D., Duke Global Health Institute, “Association of frequency of religious activities, self-rated physical and mental health,” and “Negative religious coping and mental health effects of bus accident injuries in Karnataka, India” 2010-2011.

“The integration of Buddhist monks into the Thai mental health care system,” Chiang Mai, Thailand. Advisors: Clive J. Robins, Ph.D. and Owen Flanagan, Ph.D., Duke University, 2009.

Research Assistant to James A. Blumenthal, Ph.D., Duke University, Department of Psychiatry and Behavioral Sciences, 2007-2008.

Research Assistant to Sharon Danoff-Burg, Ph.D., SUNY Albany. Health Psychology Lab 2006-2007.

Research Assistant to James H. Neely, Ph. D., SUNY Albany. Memory, Attention & Priming Lab, 2005-2006.

Directed Study - Obesity Research with Drew Anderson, Ph.D., SUNY Albany. Literature reviews: 1) physiological causes of obesity: genetic and endocrine mechanisms, and 2) environmental causes of obesity, Spring 2006.

Directed Study - Behavior Genetics, Anorexia Nervosa Research with Bruce Dudek, Ph.D., SUNY Albany, Literature review of the genetics of anorexia nervosa based on recent twin studies, Spring 2005.

Publications

Cox, CE, Porter, LS, **Buck, PJ**, Hoffa, M, Jones, D, Walton, B., Hough, CL, Greeson, JM. (2013). Development and preliminary evaluation of a telephone-based mindfulness training intervention for survivors of critical illness. *Annals of the American Thoracic Society*, 11(2), 173-81.

Teaching Experience at Duke University

Graduate Student Instructor, PSY-105, Abnormal Psychology, Fall 2012.

Graduate Student Instructor, PSY-105, Abnormal Psychology, Fall 2010.

Graduate Student Instructor, PSY-183B, Research Methods in Child Observation, Spring 2010.

Graduate Student Instructor, PSY-105, Abnormal Psychology, Fall of 2009.

Graduate Student Instructor, PSY-105, Abnormal Psychology, Spring of 2009.

Graduate Student Instructor, PSY-105, Abnormal Psychology, Fall of 2008.

Graduate Student Instructor, PSY-185C, Research Methods in Health and Clinical Psychology, Spring of 2008.

Guest Lecturer

Guest Lecturer, May 28, 2015, “Common Ground: Cognitive-Behavioral Therapy and Buddhism,” Psychology of Mindfulness Meditation: Theory, Research and Practice (Undergraduate Course) Duke University.

Conference Speaker, Aug. 29, 2011, “Mindfulness, psychological health and psychotherapy: A review of the evidence,” Conference on Cognitive-Behavioral Therapy. Chiang Mai University – School of Medicine, Chiang Mai, Thailand..

Guest Lecturer, Feb. 28, 2011, “Mental health among Burmese refugees in Thailand”, Global Mental Health (Undergraduate/Graduate Course), Duke Global Health Institute, Duke University.

Guest Lecturer, Sept. 14, 2010, “Expanding mental health Service Delivery in Thailand by Training Buddhist monks”, Global Health Challenges (Graduate Course), Duke Global Health Institute, Duke University.

Guest Lecturer, Nov. 17, 2009, “Etiology of Schizophrenia”, Abnormal Psychology (Undergraduate Course), Duke University.

Guest Lecturer, Mar 4, 2008, “Written Emotional Disclosure and Health”, Research Methods in Health and Clinical Psychology, (Undergraduate course), Duke University

DBT Specific Training

Dialectical Behavior Therapy (DBT) Trainer/Supervisor, Clive J. Robins, Ph.D. 2009-2010
Duke Cognitive-Behavioral Research and Treatment Program Duke University
Medical Center, Durham, NC

Other Specialized Training

Cognitive Processing Therapy (CPT) Training, Presented by Carolina P. Clancy, Ph.D., Durham VA Medical Center, Durham, NC 2014

Prolonged Exposure (PE) Therapy, Presented by Eric F. Crawford, Ph.D. 2014
Durham VA Medical Center, Durham, NC

Acceptance and Commitment (ACT) Therapy, Trainer/Supervisor Rhonda M. Merwin, Ph.D Duke Eating Disorders Program . 2012-2013

Acceptance and Commitment (ACT) Therapy, Trainer Supervisor, Julia T. Woodward, Ph.D. Duke Fertility Clinic. 2013-2014

Cognitive Behavioral Therapy (CBT) for Insomnia, Trainer/Supervisor Teresa Fecteau, PhD, Behavioral Medicine, Clinic, Durham VA Medical Center. 2015

Cognitive Behavior Therapy for Chronic Pain, Behavioral Medicine Clinic, Durham VA Medical Center. Trainer/Supervisor Teresa Fecteau, PhD. 2015

Mindfulness Training for Professionals Program, Duke Center for Integrative Medicine, Durham, NC Presented by Jeffrey Brantley, M.D. and Maya McNeilly, Ph.D. 2011 & 2013

Transforming Trauma: Contemplative Approaches to Spiritual Healing, Cary, NC, Presented by James Finley, PhD. 2013

Consultative and Supervision Seminar, Duke University Medical Center, Durham, NC, Presented by Christian Mauro, PhD. 2013

Art Therapy in Clinical Practice, The Art Therapy Institute, Sponsored by University of North Carolina – Chapel Hill, School of Social Work, Chapel Hill, NC, Presented by Ilene Sperling, M.A., LPC-S. 2012

Written Emotional Disclosure/Expressive , Writing to Improve Health, Duke Center for Integrative Medicine, Durham, NC Presented by John Evans, M.A.T., M.A., EdD. 2012

Acceptance and Commitment Therapy: Focusing on Mindfulness and 2011

Values Work, Durham, NC, Presented by Kelly G. Wilson, Ph.D.	
Assessment and Management of Suicidal Risk, University of North Carolina at Chapel Hill Training Clinic, Chapel Hill, NC, Presented by Erika Wise, Ph.D.	2009
Mindfulness-Based Stress Reduction Program (MBSR) Presented by Jeffrey Brantley, M.D. and Ronald L. Vereen, M.D. Duke Center for Integrative Medicine, Durham, NC	2008
Motivational Interviewing Training, Presented by Cathy Cole, M.S.S.W., L.C.S.W. Chapel Hill, NC	2008
Mindfulness: The Practice of Compassionate Presence, Raleigh, NC, Presented by David Cole, C.C.-C.H.T. and Carol Ladas-Gaskin, M.A.	2008
Cognitive-Behavior Therapy Skills Training, Raleigh, NC, Presented by John Ludgate, Ph.D.	2008

Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT)
 American Psychological Association (APA)
 Association of Psychological Science (APS)
 Association for Contextual Behavioral Science (ACBS)
 Refugee Health Coalition, Orange County, NC

Other Educational Experience

New York University, (1998) Certificate in Translation - Spanish, French, Portuguese and Italian to English.
 The Juilliard School - British American Drama Academy, Oxford, England, (1994) Classical Theater.
 American University in Cairo, Egypt, (1981-82) Middle East Studies and Intensive Arabic.
 Hebrew University in Jerusalem, Israel, (1981) Middle East Studies and Intensive Hebrew.
 Participated in additional educational programs in Quebec, Mexico, Venezuela, France and Japan.