

Jason Fritts, LCSW  
5200 SW Macadam Ave Ste. 580  
Portland, OR 97239  
[www.pdbti.org](http://www.pdbti.org)  
(503) 231-7854  
[jfritts@pdbti.org](mailto:jfritts@pdbti.org)

#### Certification/Licensure

Licensed Clinical Social Worker (OR # pending, CA# LCSW68700)

#### Education

**MSW, California State University, Fresno, CA** 2012  
*Thesis: Mindfulness-Based Cognitive Therapy for Treating Depression Among Economically Disadvantaged Older Adults: A Mixed Methods Study*  
Graduated with distinction.  
**BA in Sociology, California State University, Sacramento, CA.** 2009

#### Honors/Awards

**Golden Key International Honorary Society,** 2012  
California State University-Fresno  
**Cum Laude,** California State University-Sacramento 2009  
**Music Scholarship,** California State University-Fresno 2003-2006

#### Professional Experience

**Licensed Clinical Social Worker,** *Portland Dialectical Behavior Therapy Institute,* Portland, OR 2015-present  
**Mental Health Clinician, Dialectical Behavior Therapy Team,** 2014-2015  
*Fresno County Department of Behavioral Health,* Fresno, CA  
**Mental Health Clinician, Clinical Team, Urgent Care/Wellness Center,** *Fresno County Department of Behavioral Health,* Fresno, CA 2013-2014  
**Crisis Worker I, Central Valley Suicide Prevention Hotline,** 2012-2013  
*Kings View Corporation,* Fresno, CA  
**Social Work Intern, County Older Adult Mental Health Program,** 2011-2012  
*Fresno, CA*  
**Social Work Intern, Angels of Grace Foster Family Agency,** 2010-2011  
*Fresno, CA*  
**Volunteer, Shake Hands India Volunteer Program,** 2009  
*Dharamshala, HP, India*

#### Presentations

**Fritts, J.** (October 2015). Dialectical Behavior Therapy. California Society for Clinical Social Work. Fresno, CA.  
**Fritts, J.** (April 2015). Dialectical Behavior Therapy. MSW graduate seminar. California State University, Fresno, CA.

#### DBT Specific Training

Intensive Training in Dialectical Behavior Therapy, Behavioral Tech, LLC 2014  
Dialectical Behavior Therapy for Substance Users, Portland Dialectical Behavior Therapy Institute 2015

#### Other Specialized Training

Training-for-Trainers Intensive training in Applied Suicide Intervention Skills Training (ASIST) by Living Works Education 2012  
Applied Suicide Intervention Skills Training (ASIST) 2012

**Professional Memberships**

National Association of Social Workers  
California Society for Clinical Social Work

*2012*  
*2012*